



U.S. Figure Skating
Headquarters
20 First Street
Colorado Springs, CO 80906

October 3, 2011

Dear Competitors:

Welcome to the Central Pacific Regional Championships hosted by the Santa Rosa FSC and sponsored by U.S. Figure Skating. The local organizing committee has been working very hard to make this a pleasant and rewarding experience for you. The LOC and I hope it will add to your knowledge of skating and will encourage good sportsmanship.

Some competition information for you:

- ❖ All of your coaches who will be helping you rinkside must be registered with both the PSA and US Figure Skating in order to participate in regionals.
- ❖ For official practices with music, please be ready to skate your program IMMEDIATELY when your name is called. **There will be no delay in starting your program during practice and the music will not be restarted if you are not ready.**
- ❖ Please be ready for your event on time. The events will never start ahead of the scheduled, posted time. Some events may start late because of extenuating circumstances.
- ❖ Check your skates, costumes, hair, etc carefully **before** your name is called and you come out onto the ice. If the referee blows the whistle and stops your music due to equipment or costume failure, illness or injury, **the penalties in Rule Book will be assessed.**
- ❖ Please have a copy of your music readily available in case you need a replacement. During the event if your music doesn't sound right to you (wrong speed, wrong music of whatever), please stop at once and report to the referee. Your coach should carry an extra copy of your music in his or her pocket. In addition to a back up CD, an ipod with your program downloaded, is always a final option.
- ❖ When your name is called, you have **one minute** to take your starting position before your music automatically begins.
- ❖ Although Santa Rosa is very pleasant during October, the rink can be cold.
- ❖
- ❖ **Competition groups, final round advancement and advancement to the next level:**

Juvenile Girls	4 advance to Junior Nationals	
Intermediate Ladies	12 to final rounds (6 from each group)	4 advance to Junior Nationals
Novice Ladies	4 advance to Sectionals	
Juvenile Boys	5 advance to Junior Nationals	
Intermediate Men	3 advance to Junior Nationals	
Junior Ladies	4 advance to Sectionals	
Novice Men	4 advance to Sectionals	
Senior Ladies	4 advance to Sectionals	

A final note: A referee is considered the skaters advocate. A referee's job is to make certain that each skater has an equal chance of finishing in first place regardless of who you are or where you come from. If you have any questions, please feel free to find me.

Sincerely,



Kim Buchanan
Chief Referee, 2012 Central Pacific Regional Championships



Member:
International Skating Union



Member